



**M**y beloved brothers and sisters in the sacred office of shepherding God's flock,

**I** come with a heart breaking yet burning with Holy Ghost fire. Rise up from planning meetings, programs, and polished pulpits — and fall on your faces before the throne! The darkness is at our doors. Children disciplined by screens, nations that once sent missionaries now mission fields themselves, churches half-empty while stadiums overflow with everything but God's presence. Bible studies turn into political debate.

**I**t is time — past time — to bring back the corporate, deep lament prayer that marked every true awakening. Not polite 5-minute prayers. Not solo intercession. I speak of the unified groaning that shook the early Church (Acts 4:31) — weeping, travailing, refusing to let go until heaven opens.

**C**hurch leaders, gather your flocks. Cancel the calendar. Call solemn assemblies. Let the elders cry “Spare Your people, O Lord!” Let tears flow. Let the sound of unified groaning rise like incense until the fire falls again.

**W**e lament the blood of the unborn, the confusion of the innocent, the division in Your Body, the silence of the watchmen. We mourn souls slipping into eternity without knowing Jesus. But we do not grieve as those without hope!

**E**very major revival — Welsh, Azusa, the Great Awakenings — was birthed in this kind of united, lamenting, believing prayer.



**W**ill you lead the charge? Will you lay aside every lesser thing and call your people to the only thing that can save us?

*“If My people... will humble themselves and pray... then I will hear from heaven and heal their land” (2 Chronicles 7:14).*

**L**et the altars be filled. Let the weeping begin. Let the revival fire fall. 🔥 Jesus, guide us. Jesus, break us. Jesus, revive us. In the mighty name of Jesus Christ our soon-coming King,

**I**f you're already part of a weekly prayer group, thank you for your faithful service. In these tumultuous times, we urge you to turn up the volume and biblically engage God through prayers of lament.

**M**ay God Bless you and the church that meets at your house as you cry out to Him today! 🔥

**A**s fellow servants on bended knees with you  
In the mighty name of Jesus,

Rev. Kevin Räihälä  
Rev. Sanders (Sandy) Sweeney  
Pure Gospel Network Inc.



## The Structure of Biblical Lament 🙏

Biblical laments often follow a flexible yet consistent pattern, marked by five key movements. This sacred structure gathers raw emotion and shapes it into faithful prayer, keeping grief from hardening into bitterness. Ask your spiritual leaders to teach you not only *how* to lament, but *why* God invites us to speak to Him in this way. I urge you to rekindle this practice within your community of believers—especially in these turbulent days unfolding in our cities and across our nation.

1. **The minister leads the congregation in this manner. Turn to God (Address Him):** Start by directing your words to God, choosing to pray instead of withdrawing or complaining to others. Example: *"How long, O Lord?"* (Psalm 13:1) or *"My God, my God..."* (Psalm 22:1). This acknowledges God's presence even in pain. Keeping the focus on prepared prayer points. There are those in your congregations who have studied prayer. Invite them to lead the prayer meeting. These are gifts to the church that need to be empowered.
  
2. **Individuals then are urged to bring their Complaint (Complain or Cry Out):** Honestly name the problem vividly—describe the sorrow, questions, or injustice without holding back. This is a righteous protest: *"How long must I wrestle with my thoughts and day after day have sorrow in my heart?"* (Psalm 13:2). It's not untrusting but truthful about what's wrong.
  - 2a. **Example:** Cry out for leaders and authorities entrusted with power. Guide those who carry responsibility—expose falsehood, purify corruption, and shake what must be shaken. Raise up justice that is righteous, humble, and faithful. Teach them to protect the vulnerable, serve the common good, and wield authority with mercy and truth, not fear or pride.



**2b.** Example: Cry out for the church to be a sanctuary of attentive grief and humility. Help us sit with those who mourn and listen deeply to those who fear. Grant us humility to listen widely, seek careful truth, and set aside mere opinion. Let repentance begin in Your house o Lord, and may revival rise from broken and contrite hearts.

**3. Bathe the words in music.**

This is the ministry of one who prays skillfully through their instrument. In my experience, this is often the violin or the piano—voices that can weep, wait, and hope. God has given us music so that when words fail, prayer may still rise. In lament, melody carries what the tongue cannot, lifting our grief, our longing, and our faith heavenward alongside our spoken prayers.

**4. Ask Boldly for Help (Appeal or Petition):** Call on God to act, based on His character and promises. *"Look on me and answer, Lord my God"* (Psalm 13:3) or *"May my prayer come before you; turn your ear to my cry"* (Psalm 88:2). This dares to hope, seeking deliverance or comfort.

**5. Choose to Trust (Vow of Praise or Confess Trust):** Reaffirm faith in God's goodness, even unresolved. *"But I have trusted in your steadfast love; my heart shall rejoice in your salvation"* (Psalm 13:5 -6). This shifts from despair to hope, often with a commitment to praise.

Not every lament includes all elements perfectly—some, like Psalm 88, linger in darkness—but the pattern guides us from suffering toward worship and fear to faith. Do not leave the meeting too soon. This is a two way conversation, wait on the Lord.

May God Bless you and the church that meets at your house as you cry out to Him today! 🙏